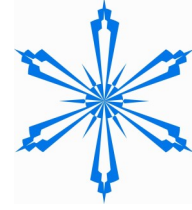




Holiday Meal Box Needs List



A "Family of 4" Meal Box Includes:

1 Ham or Turkey (Gift Card)

1 Can of Cranberry Sauce

1 Box of Instant Mashed Potatoes

1 Med. Can of Yams & Bag of Marshmallows

1 Box of Stuffing

2 Cans of Fruit

1 Box of Corn Muffin/Bread Mix

1 Can of Pumpkin Pie Filling

4 Cans of Vegetables

1 Pie Crust or Mix

1 Can of Gravy

1 Can of Evaporated Milk

2 Boxes of Macaroni & Cheese



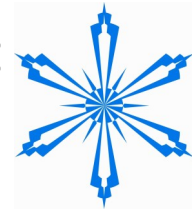
United Way of Montgomery,
Radford & Floyd



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