

LIVE UNITED

United Way
of the New River Valley



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SARAH'S STORY

At the time she reached out to United Way, Sarah had two children aged four and eleven and consistently struggled with addiction and depression. Newly pregnant from a two-month relationship, she did not feel prepared to care for another child while simultaneously dealing with her current children's behavioral problems. Right before giving birth, her depression worsened, and her family's home became cluttered and dirty. Sarah knew that she needed help, not only for her benefit but also for the sake of her children.

United Way connected Sarah with the Children's Health Improvement Partnership (CHIP). CHIP connected her to two life-saving services. Special Deliveries, a mental health and substance use disorder home visiting program, allowed her to see a psychiatrist, receive help with her depression, and create a sobriety plan. She was also directed to the National Counseling Group for tips on managing her four-year-old son's behavior. Thanks to CHIP, Sarah was provided with education on home safety, dental hygiene, and overall health, and their in-house RN was able to monitor Sarah through the end of her pregnancy. After giving birth, Sarah continued to stay sober and created plans to return to work.

At United Way of the New River Valley, we strengthen families and youth in our community. That's why United Way supports agencies like CHIP, which assists low-income families with young children through comprehensive case management. Clients are able to receive adequate access to healthcare, food, and clothing to help them set and reach personal and family goals. You can support efforts like these by donating to United Way of the New River Valley by donating today.



www.newrivercommunityaction.org/chip/

Donations like yours help CHIP and other United Way partner agencies do meaningful, life-changing work around the New River Valley.